

Guardian Angels Parish

Established, June 27, 2007

Administrator: Rev. Ravibabu Kakumanu

10630 Creditview Road, Brampton, Ontario L7A 0T4

Telephone: 905-970-9175

guardianangelsbr.archtoronto.org

WEEKEND MASSES:

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 10:30 a.m.; 12:00 noon

WEEKDAY MASSES:

Monday to Friday: 7:30 a.m.

First Friday: 7:30 p.m. (after the 6 p.m. Holy Hour & First Friday Devotion)

SACRAMENT OF RECONCILIATION (Confession)

Weekdays: 7:00 a.m. - 7:20 a.m.

Saturdays: 4:30 p.m. - 4:50 p.m.

Sundays: 8:30 a.m. - 8:50 p.m.

BAPTISM IS CELEBRATED

Only for those parishioners of this parish who are currently practicing their faith.

Pre-Baptismal instructions are required.

SACRAMENT OF MARRIAGE

Couples planning to be married must contact the parish priest one year in advance. They must also receive personal preparation for entering marriage. This means that you must take a marriage course.

OUR SCHOOLS:

Guardian Angels 905-595-0909

Principal: Maria Limarzi
62 Heatherdale Dr., Brampton, ON L7A 2H4

St. Angela Merici 905-840-1505

Principal: Tom Condotta
83 Edenbrook Hill Dr., Brampton, ON

St. Bonaventure 905-970-9069

Principal: Elder Oliveira
35 McCrimmon Dr., Brampton, ON L7A 2Z5

St. Edmund Campion 905-846-7124

Principal: Maria Locicero
275 Brisdale Dr., Brampton, ON L7A 3C7

St. Lucy 905-840-3121

Principal: Brigit Cautillo
25 Kanata Road, Brampton, ON L7A 3R2

St. Aidan 905-840-3042

Principal: Adrienne Dalli
34 Buick Blvd., Brampton, ON L7A 3B9

St. Daniel Comboni 905-495-4621

Principal: Monica Thompson
120 Veterans Drive, Brampton, ON L7A 3Z7

PARISH MINISTRIES, COMMITTEES & LAY ORGANIZATIONS

LITURGICAL MINISTRIES

Altar Guild
Altar Server
Eucharist
Hospitality
Lector
Music

OTHER MINISTRIES

RCIA (Rite of Christian Initiation of Adults)
Marriage Preparation Course
Sacramental Preparation
Lay Pastoral Visitor
Youth

COMMITTEES

Building Maintenance
Collection Counters
Finance Council
Fundraising Committee
Joint Stewardship Council and
Volunteer Screening Committee

LAY ORGANIZATIONS

Catholic Women's League
Knights of Columbus
Legion of Mary
Rosary Apostolate

JOIN OUR PARISH

Register online ...



TO VOLUNTEER...

Apply online ...



MASS INTENTIONS



Sunday, February 2

- 9:00 a.m. No Mass Intentions
10:30 a.m. +All souls in the Vaz Family by Vincent & Helen Gomes
+All souls in the Gomes Family by Vincent & Helen Gomes

Monday, February 3

- 7:30 a.m. Braz DSilva by Oscar & Hilda D'Silva
+Christina Annie Huan

Tuesday, February 4

- 7:30 a.m. No Mass Intentions

Wednesday, February 5

- 7:30 a.m.. Special Int.-Adela Schmiedeberg by Bayas Family
+Gil Ruiz

Thursday, February 6

- 7:30 a.m. +Brian Pinto by Vincent & Helen Gomes

Friday, February 7

- 7:30 a.m. +Francisco Dias & deceased Dias Family by Pereira Family
7:00 p.m. Thanksgiving of Butch & Liza Signo
+All Souls in Purgatory by Berroya Family

Saturday, February 8

- 5:00 p.m. +Janet Hermosa
+Harold Joseph Coelho by Coelho Family
+Peter Thomson by Friends & Colleagues

THE LORD'S PROMISE:

"Refining them like gold or like silver...will please the Lord." (Mal 3:3b, 4a)

No prophet is accepted in the prophet's hometown. Do not be discouraged by jeers when considering priesthood, diaconate, or religious life. If God is calling you contact Fr. Matt McCarthy, Director of vocations, Archdiocese of Toronto at 416-968-0997, vocations@archtoronto.org, www.vocationstoronto.ca



PRAYER FOR VOCATIONS

God, Who wills not the death of a sinner, but rather that he be converted and live, grant we beseech You, through the intercession of

the Blessed Mary ever Virgin, Saint Joseph her spouse, Saint Junipero Serra, and all the saints, an increase of labourers for Your church, fellow labourers with Christ to spend and consume themselves for souls, through the same Jesus Christ, Your Son, Who lives and reigns with You in the unity of the Holy Spirit, One God forever and ever. Amen.

February 7th - FIRST FRIDAY DEVOTION

- 6:00 p.m. - EXPOSITION OF THE BLESSED SACRAMENT
- Silent adoration and HOLY HOUR
7:30 p.m. - HOLY MASS

STRUGGLING WITH MOTIVATION?

Repost from the Archdiocesan update

We all experience moments when it's hard to find the motivation to tackle tasks—whether you're working on a big project, trying to form new habits or simply need a push to get started. Finding motivation and holding yourself accountable are key. Some days, motivation just doesn't come easily. During these moments of struggle, it is important to have strategies to get back on track.

Below are some useful tips from Verywell Mind to help you regain focus and motivation and remain accountable in both your work and personal life:

- Act as If You Feel Motivated: Change your behavior to mimic motivation, like getting dressed and starting tasks, to spark genuine motivation.
• Argue the Opposite: Challenge negative thoughts and argue against self-doubt by listing reasons why you might succeed.
• Practice Self-Compassion: Replace harsh self-criticism with kind and constructive self-talk to build resilience and motivation.
• Use the 10-minute Rule: Commit to a task for just 10 minutes, then decide if you want to continue.
• Go for a Nature Walk: Walking in nature reduces mental fatigue and can rejuvenate motivation.
• Pair Tasks with Enjoyment: Combine a dreaded task with something enjoyable to make it more appealing.
• Manage Your To-Do List: Reduce overwhelm by prioritizing essential tasks and eliminating unnecessary ones.
• Practice Self-Care: Ensure you're well-rested, nourished and managing stress healthily to support motivation.
• Reward Effort: Set up small rewards to celebrate progress and maintain momentum.
• Seek Professional Help: If motivation issues persist or affect daily life, consult a healthcare professional.

Remember, motivation isn't always constant, but with the right strategies and a supportive structure in place, you can continue making progress.

Wishing you plenty of motivation and success ahead!

CELEBRATE THE YEAR OF JUBILEE AND ELEVATION OF CARDINAL LEO REGIONAL (EUCHARISTIC CELEBRATIONS WITH CARDINAL LEO & AUXILIARY BISHOPS)

All are welcome to attend Regional Masses that will be held throughout the Archdiocese of Toronto in the coming days.

Please note, for those interested in obtaining a Jubilee indulgence, requirements include receiving the Sacrament of Reconciliation, attending Mass and offering prayers for the intention of the Holy Father. Confessions will be offered at least one hour prior to all celebrations noted below – all Masses will begin at 7:00 p.m.

Celebrations in the Central Region:

Wednesday, February 12, 2025 – St. Paul's Basilica, Toronto (Bishop Kasun to preside)

Thursday, February 20, 2025– St. Mary's Parish, Toronto (130 Bathurst St.) (Bishop Kasun to preside)

Tuesday, February 25, 2025 - St. Edward the Confessor Parish, North York (Cardinal Leo to preside)

Celebrations in the Northern Region:

Thursday, January 30, 2025 – St. Mary's Parish, Barrie (Bishop Boissonneau to preside)

Tuesday, February 4, 2025 - St. Padre Pio Parish, Kleinburg (Cardinal Leo to preside)

Celebrations in the Western Region:

Wednesday, January 29, 2025 - St. Mary's Parish, Brampton (Cardinal Leo to preside)

Wednesday, February 5, 2025 – Our Lady of Sorrows Parish, Etobicoke (Bishop Camilleri to preside)

Celebrations in the Eastern Region:

Wednesday, January 29, 2025 – St. Gregory the Great Parish, Oshawa (Bishop Nguyen to preside)

Wednesday, February 19, 2025 - St. Barnabas Parish, Scarborough (Cardinal Leo to preside)

MARRIAGE SUNDAY CELEBRATION

For married couples celebrating their 25th, 40th, 50th, 60th & 60+ wedding anniversaries in 2025

February 9, 2025 / 2:30 p.m.
St. Michael's Cathedral. 65 Bond Street, Toronto

Visit the Archdiocese website to register:
www.archtoronto.org/marriage

**JUBILEE YEAR 2025
"PILGRIMS OF HOPE"**

Pilgrim Destinations during the Jubilee year:

Archdiocesan

St. Michael's Cathedral Basilica, Toronto

Shrine

Martyrs' Shrine, Midland

Central Region

St. Paul's Basilica, Toronto

St. Mary's Parish, Toronto

St. Edward the Confessor Parish, North York

Western Region

Our Lady of Sorrows Parish, Etobicoke

St. Mary's Parish, Brampton

Eastern Region

St. Barnabas Parish, Scarborough

St. Gregory the Great Parish, Oshawa

Northern Region

St. Padre Pio Parish, Kleinburg

St. Mary's Parish, Barrie

PILGRIMAGE: MEDJUGORJE, CROATIA, HUNGARY, AUSTRIA, CZECH REP. & POLAND

- Spiritual Director: Fr. Ravi Kakumanu
- May 25 – June 6, 2025 (12 days)
- \$4,850 includes all taxes & tips
- Contact: Joanita 647.262.2532 | joanita2008@live.ca



SUPPORT GUARDIAN ANGELS PARISH



← PRE-AUTHORIZED GIVING (PAG)

Email the form with a void cheque or bank information to guardianangelsbr@archtoronto.org

DONATE ONLINE

Guardian Angels Parish Office accepts → donations and payments for Mass intentions through debit and major credit cards (Visa, Mastercard, Amex, Discovery)



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