

Guardian Angels Parish

Established, June 27, 2007
Administrator: Rev. Ravibabu Kakumanu

10630 Creditview Road, Brampton, Ontario L7A 0T4

Telephone: 905-970-9175

guardianangelsbr.archtoronto.org

WEEKEND MASSES:

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 10:30 a.m.; 12:00 noon

WEEKDAY MASSES:

Monday to Friday: 7:30 a.m.

First Friday: 7:30 p.m. (after the 6 p.m. Holy Hour & First Friday Devotion)

SACRAMENT OF RECONCILIATION (Confession)

Weekdays: 7:00 a.m. - 7:20 a.m.

Saturdays: 4:30 p.m. - 4:50 p.m.



Jesus,

COULD YOU NOT WATCH WITH ME ONE HOUR? Matthew 26:40

LENTE FRIDAYS FEB 27 MAR 6, 13, 20

6 PM EUCHARISTIC ADORATION

7 PM STATIONS OF THE CROSS

7:30 PM HOLY MASS

MARCH 27 6PM- REFLECTION ON JESUS LAST 7 WORDS



FRESH FIRE MINISTRY

20MAR PRAISE & WORSHIP
6 PM - 9 PM BAPTISM OF THE FATHER'S LOVE
EUCCHARISTIC ADORATION

21MAR TALKS
9 AM - 4 PM WORSHIP
TESTIMONIES
SMALL GROUPS

HEALING SERVICE 6:30 PM - 8:30 PM

"He heals the brokenhearted and binds up their wounds."

PSALMS 147:3



SCAN QR CODE TO REGISTER FOR FRESH FIRE RETREAT



SPEAKERS: Sr. Melinda Schenher, SC Fr. Ken Lao, CC Sr. Monique Bisson, SC

LOST SHEEP FOUND

YOUR JOURNEY HOME STARTS HERE.

Join us for our parish's first-ever Lenten retreat
All parishioners are warmly welcome!

MASS INTENTIONS**Sunday, March 15**

9:00 a.m. +Benedykt Gondok by Danuta Karwacki
10:30 a.m. +Samuel Ibitoye Nathan by Margaret

Monday, March 16

7:30 a.m. Spec.Int.-Encounter Toronto

Tuesday, March 17

7:30 a.m. +Rainda Carvalho by Carvalho Family

Wednesday, March 18

7:30 a.m. Spec.Int.-Christophe Depuichaffray
Spec.Int.-Francis & Cini Ouseph
Spec.Int.-Ligaya Platon
+Catalino Santos by Ligaya Platon

Thursday, March 19

7:30 a.m. +Antonio Oliveira by Sonia Vieira

Friday, March 20

7:30 a.m. Spec.Int.-Aryan Chaubal by Everard Chaubal
Spec.Int.-Vincent Gomes by Martha & Dipak Patel
Spec. Int.-Fr. Ravi Kakumanu by Mario De Simone

Saturday, March 21

5:00 p.m. +Harold D'Sousa by Sabina D'Sousa

"We must work the works of Him who sent me while it is day."
Are you being called to a life as an ordained or a consecrated person? If God is calling you to serve him as a priest, deacon, brother or sister, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997, contact Fr. Matt McCarthy, Director of vocations, Archdiocese of Toronto at 416-968-0997, vocations@archtoronto.org, www.vocationstoronto.ca

**PRAYER FOR VOCATIONS**

God, Who wills not the death of a sinner, but rather that he be converted and live, grant we beseech You, through the intercession of the Blessed Mary ever Virgin, Saint Joseph her spouse, Saint Junipero Serra, and all the saints, an increase of labourers for Your church, fellow labourers with Christ to spend and consume themselves for souls, through the same Jesus Christ, Your Son, Who lives and reigns with You in the unity of the Holy Spirit, One God forever and ever. Amen.

LIFE IN THE SPIRIT WEDNESDAY

Next Session: Wednesday, March 25th

Topic: Growing/How to grow in Transformation
Come and find out this Wednesday at 6:30 p.m.

We will have praise and worship, dynamic talks and prayer. It is FREE but registration is required.



Scan QR Code
to Register

NUMBERED DONATION ENVELOPES

Please pick up your numbered donation envelopes by **Tuesday, March 31, 2026**. If they are not picked up by that date, we will reassign them to another parishioner.

PARISH LENTEN CONFESSIONS

Wednesday, March 18, 2026 | 7:00 p.m. – 9:00 p.m.

THE SACRAMENT OF RECONCILIATION**Why go to Confession?**

We all carry "soul-clutter", regrets, habits, and secrets that weigh us down. While God is always listening to our private prayers, sin isn't just a "me and God" problem; it wounds our relationship with the whole human family. Confession is the spiritual "reset button" that offers certainty. You don't have to wonder if you're forgiven; you get to hear the words spoken out loud and leave the confessional with a clean slate and a lighter heart.

Why confess to a priest? Why not just go straight to God?

1. The Human Connection: We are physical beings. There is a profound psychological and spiritual healing that happens when we speak our burden out loud to another person.
2. The Biblical Roots: On Easter Sunday, Jesus appeared to the Apostles, breathed on them, and said, "Whose sins you forgive are forgiven them" (John 20:23). He intentionally chose human instruments to be His "ambassadors of mercy."
3. The Counselor: The priest isn't there to judge you, he has heard it all before. He is there as a spiritual physician to offer guidance, encouragement, and a safe, confidential space where you don't have to carry your burden alone.

Confession is not a place of judgment, but a **place of healing**. No matter how long it has been or what you have done, you are invited to come and experience the profound peace of a fresh start.

Examination of Conscience**I. Love of God**

- Do I prioritize God, or have I made "idols" of money, work, or status?
- Do I use God's name in anger or carelessly?
- Have I missed Mass on Sundays or Holy Days through my own fault?
- Do I make time for daily prayer?

II. Love of Neighbor

- Have I been impatient, angry, or envious?
- Have I judged others or spread gossip?
- Have I been pure in my words and actions?
- Have I been greedy or neglected those in need?
- Have I lied or been insincere?
- Am I holding a grudge or refusing to forgive?

THE SACRAMENT OF RECONCILIATION

(cont'd)

III. Love of Self

- Have I indulged in physical excesses?
- Have I fostered impure thoughts?
- Have I neglected my duties at home or work?
- Has pride kept me from admitting my faults?

How to Go to Confession

- **Begin:** "Forgive me, Father, for I have sinned. It has been [time] since my last confession."
- **Confess:** State your sins simply. (If you're nervous, just tell the priest; he will help you!)
- **Penance:** The priest gives you a prayer or action to perform.
- **Act of Contrition:** Pray the prayer below.
- **Absolution:** Receive God's forgiveness.

Act of Contrition *O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin.*

FRIDAYS OF LENT

March 20

- 6:00 p.m. – Stations of the Cross
- 6:30 p.m. – Special Mass
- 7:00 – 9:00 p.m. – Fresh Fire Retreat begins

REFLECTION ON THE 7 LAST WORDS OF JESUS CHRIST - Friday, March 27 | 6:00 p.m.



ST. JOSEPH'S BROTHERHOOD

All men of the parish are invited to attend NEXT MEETING:

Thursday, March 26, 2026 | 7:00 p.m.
Guardian Angels Parish Hall.

At this meeting, we will continue our faith formation series **Into the Breach** with **Episode 2: Brotherhood**, reflecting on the importance of authentic Christian brotherhood and supporting one another in our journey of faith.

All men are welcome. For more information, please contact: stjoesofgap@gmail.com

**HELP NOT HARM:
TAKE ACTION TO SUPPORT BILL C-218**

Write your Member of Parliament Today!

Visit HelpNotHarmCanada.ca and ask your MP to support Bill C-218 (The Right to Recover Act) which would



amend the Criminal Code to prevent Medical Assistance in Dying (MAiD) from being provided when mental illness is the sole underlying condition. Without this change, MAiD will be available for those suffering from mental illness alone beginning in March 2027. Chances are you know someone struggling with mental illness — a family member, friend, or colleague. As Catholics and Canadians, we are called to offer care, hope, and protection — not death — to those who are suffering and most vulnerable.

SL ShareLife

Our ShareLife goal this year is **\$42,000**, and I invite you to prayerfully consider making a gift.

Your generosity supports vital Catholic agencies that provide food, counseling, and care to those most in need in our community. With your generosity and God's grace, I am confident we can achieve our goal and bring hope to many lives.

**IN THE FOOTSTEPS OF ST. FRANCIS:
A SPECIAL PILGRIMAGE WITH FR. RAVI**

Pope Leo has dedicated this year to St. Francis of Assis in honor of the 800th Anniversary of his passing. Guardian Angels Parish is blessed to announce an 11-day spiritual journey to Italy.

Join Fr. Ravi this October as we walk the holy ground of the saints and seek a deeper relationship with the Lord through the life and legacy of St. Francis, Padre Pio, St. Anthony of Padua and many more.

- **To Register:** Contact Nisreen Sampson
Mobile: 905.510.1760 (WhatsApp)
Email: nisreen@bainstravel.com
- Visit our parish website for more information:
<https://guardianangelsbr.archtoronto.org/>
o Navigate to *Parish Life* → *Pilgrimage to Italy*.

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