

FIRST FRIDAY DEVOTION



HOLY HOUR
At
Guardian Angels Parish

SALUTARIS

**O Salutaris hostia,
Quae caeli pandis ostium
Della premunt hostilia
Da robur, fer auxilium**

**Uni trinoque Domino,
Sit sempiterna Gloria
Qui vitam sine termino
Nobis donet in patria**

LEADER: *HOLY HOUR OF REPARATION*

In the name of the Father and of the Son and of the Holy Spirit. Amen.
(Make an intention for the Holy Hour)

ALL: O Sacrament most holy, O Sacrament divine!
All praise and all thanksgiving be every moment Thine.

LEADER: *PRAYER TO THE HOLY SPIRIT*

ALL: Come, Holy Spirit, fill the hearts of Your faithful and kindle in them the fire of Your love. Send forth Your Spirit, and they shall be created, and You shall renew the face of the earth.

O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Spirit we may be truly wise, and ever rejoice in His consolation. Through the same Christ our Lord. Amen.

Heart of Jesus, I put my trust in Thee!

LEADER: *OFFERING OF THE HOLY HOUR*

ALL: My sweet Jesus, I desire to spend this Holy Hour with You, to console You, and to make some reparation by the love of my poor heart for the agony You did suffer in Gethsemani. In that lone hour You were forsaken, and the creatures that You did create to love you, loved You not. The weight of all our sins pressed on You, and mine as well, and for the sorrow which I caused You then by my sins, I will endeavor to repay You now by my love. Strengthen it, my Jesus, that it may in some small measure give you consolation. Sacred Heart of Jesus, strengthened in Your agony by an Angel, comfort us in our agony.

LEADER: *PRAYER FOR MERCY FOR THE HOLY SOULS IN PURGATORY*

ALL: Have mercy, O Gentle Jesus on the souls detained in purgatory. You who for their ransom did take upon Yourself our human nature and suffer the most cruel death, pity their sighs and the tears shed when they raise their longing eyes toward You; and by virtue of Your Passion, cancel the penalty due to their sins. May Your Blood, O tender Jesus, Your Precious Blood descend into purgatory to solace and refresh those who there languish in captivity. Reach forth Your hand to them, and lead them into the realms of refreshment, light and peace. Amen.

Divine Heart of Jesus convert sinners, save the dying, set free the holy souls in purgatory.

LEADER: *LITANY OF THE SACRED HEART OF JESUS*

Lord, have mercy on us

ALL: Christ, have mercy on us.

LEADER: Lord, have mercy on us. Christ hear us

ALL: Christ, graciously hear us

LEADER: God the Father of heaven

ALL: Have mercy on us

God the son, redeemer of the world...

have mercy on us

God the Holy Spirit...

Holy Trinity, One God...

Heart of Jesus, son of the eternal Father...

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mary...

Heart of Jesus, substantially united to the Word of God...

Heart of Jesus, of infinite majesty...

Heart of Jesus, Holy Temple of God...

Heart of Jesus, Tabernacle of the Most High...

Heart of Jesus, house of God and gate of
heaven...

have mercy on us

Heart of Jesus, burning furnace of charity...

Heart of Jesus, abode of justice and love...

Heart of Jesus, full of goodness and love...

Heart of Jesus, abyss of all virtues...

Heart of Jesus, most worthy of all praise...

Heart of Jesus, king and centre of all hearts...

Heart of Jesus, in whom are all the treasures of
wisdom and knowledge...

Heart of Jesus, in whom dwells the fullness of
divinity...

Heart of Jesus, in whom the Father was well
pleased...

Heart of Jesus, of whose fullness we have all
received...

Heart of Jesus, desire of the everlasting hills...

Heart of Jesus, patient and most merciful...

Heart of Jesus, enriching all who invoke you...

Heart of Jesus, fountain of life and holiness...

Heart of Jesus, propitiation for our sins...

Heart of Jesus, loaded down with reproaches...

Heart of Jesus, bruised for our offences...

Heart of Jesus, obedient unto death...

Heart of Jesus, pierced with a lance...

Heart of Jesus, source of all consolation...

Heart of Jesus, our life and resurrection...

Heart of Jesus, our peace and reconciliation...

Heart of Jesus, victim for sin...

Heart of Jesus, salvation of those who trust in you...

Heart of Jesus, hope of those who die in You...

Heart of Jesus, delight of all the saints...

LEADER: Lamb of God who takes away the sins of the world.

ALL: *Spare us, O Lord*

LEADER: Lamb of God who takes away the sins of the world.

ALL: *Graciously hear us, O Lord*

LEADER: Lamb of God who takes away the sins of the world.

ALL: *Have mercy on us*

LEADER: Jesus meek and humble of heart

ALL: *Make our hearts like unto Thine*

LEADER: Let us pray: O Almighty and eternal God, look upon the heart of your dearly beloved son, and upon the praise and satisfaction he offers you in the name of sinners, and for those who seek your mercy; Be appeased and grant us pardon in the name of the same Jesus Christ who lives and reigns with you, in the unity of the Holy Spirit, world without end.

ALL: Amen. Sacred Heart of Jesus, I believe in Your love for me.

LEADER: *CONSECRATION OF THE HUMAN RACE TO THE SACRED HEART OF JESUS*

ALL: Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Thee. We are Yours and Yours we wish to be; but to be more surely united with You, behold each one of us who freely consecrates himself and herself today to Your Most Sacred Heart.

Many indeed have never known You; Many too, despising Your precepts, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to Your Sacred Heart.

Be King, O Lord, not only of Your faithful who have never forsaken You, but also of the prodigal children who have abandoned You. Grant that they may quickly return to their Father's house lest they die of wretchedness and hunger.

Be King of those who are deceived by erroneous opinions or whom discord keeps aloof, and call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd.

Grant, O Lord, to Your Church, assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound, from pole to pole with one cry ; Praise to the Divine Heart that wrought our salvation, to it be glory and honour forever. Amen.

Sacred Heart of Jesus, Thy kingdom come.

THE HOLY ROSARY

The Apostles Creed

1 Our Father

3 Hail Mary

1 Glory be to the Father

LEADER: THE SORROWFUL MYSTERIES

The First Sorrowful Mystery – The Agony of Jesus in the Garden



“My soul is sorrowful unto death!”

O Divine sadness of Jesus who saved the world and prepared for us the joys of paradise, heal all our sorrows, accept our sorrow for having so greatly offended the Lord our God!

1 Our Father

10 Hail Mary

1 Glory be to the Father

LEADER: The Second Sorrowful Mystery – Jesus is Scourged at the Pillar



“My people, what have I done to you? Wherein have I offended you? Laden with my gifts you scourged me like the lease of slaves!”

O Jesus, forgive the excess of impiety against the church, your mystic body!

- 1 Our Father
- 10 Hail Mary
- 1 Glory be to the Father

LEADER: The Third Sorrowful Mystery – Jesus is Crowned with Thorns



“I am a worm and no man!”

O Jesus, sated with outrages in this mystery, with what eloquence do you not show us that lifted up from earth, we ever return to it again! May this divine lesson subdue our pride.

- 1 Our Father
- 10 Hail Mary
- 1 Glory be to the Father

LEADER: The Fourth Sorrowful Mystery – Jesus Carries His Cross



“They forced the Cyrenean to take up His cross.”
Each day, we also receive our crosses from your hand.

O Jesus, grant that we may carry them, not by force but for love.

- 1 Our Father
- 10 Hail Mary
- 1 Glory be to the Father

LEADER: The Fifth Sorrowful Mystery – Jesus Dies on the Cross



“Behold your mother!”

I thank you, O my savior, for this admirable gift, this last will of your love. Grant that I may respond to it by a generous love toward your afflicted mother.

1 Our Father

10 Hail Mary

1 Glory be to the Father

ALL: Hail Holy Queen, Mother of Mercy, our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears; Turn, then, most gracious Advocate, Thy eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of Thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

LEADER: Pray for us, O Holy Mother of God.

ALL: That we may be made worthy of the promises of Christ

LEADER: Let us pray

ALL: O God, whose only begotten son, by His life, death and resurrection, has purchased for us the rewards of eternal salvation; grant, we beseech You, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise through the same Christ our Lord. Amen.

Lord, I thank You, that You did die on the Cross for my sins.

LEADER: *CLOSING PRAYERS FOR THE HOLY FATHER*

ALL: Most Sacred Heart of Jesus, pour in richest fullness Your blessings upon the Holy Church, the Pope, and all the clergy; grant perseverance to the just, conversion to sinners; enlighten the unbelievers; bless our relatives, friends and benefactors; assist the dying; deliver the souls in purgatory; and extend over all hearts the gentle dominion of Your love.

Lord Jesus, shelter our Holy Father the Pope under the protection of Your Sacred Heart. Be his light, his strength and his consolation.

BENEDICTION HYMN

**Tantum ergo sacramentum
Veneremur cetui
Et antiquum documentum
Novo cedat ritui
Praestet fides supplementum
Sensuum defectui**

**Genitori Genitoque
Laus et jubilatio
Salus, honor, virtus quoque
Sit et benedictio
Procedenti ab utroque
Compar sit laudatio.
Amen.**

PRIEST: You have given them bread from heaven

ALL: Containing in itself all sweetness

PRIEST: Let us pray: God, in this wonderful sacrament, you have left us a memorial of your passion. Grant that we may so reverence the sacred mysteries of your body and blood, that we may always enjoy within ourselves the fruit of your redemption, you who live and reign for ever and ever.

ALL: Amen

PRIEST/ repeated by ALL

Blessed be God

Blessed be His Holy Name

Blessed be Jesus Christ, true God and true man

Blessed be the name of Jesus

Blessed be His Most Sacred Heart

Blessed be His most precious blood

Blessed be Jesus in the Most Holy Sacrament of the Altar

Blessed be the Holy Spirit, the Paraclete

Blessed be the great mother of God, Mary Most Holy

Blessed be her Holy and Immaculate Conception

Blessed be her Glorious Assumption

Blessed be the name of Mary, virgin and mother

Blessed be St. Joseph her most chaste spouse

Blessed be God in His angels and in His Saints

**Holy God, we praise Thy name
Lord of all, we bow before Thee
All on earth Thy scepter claim
All in heaven above adore Thee
Infinite Thy vast domain
Everlasting is Thy reign**

**Hark, the loud celestial hymn
Angel choirs above are raising
Cherubim and Seraphim
In unceasing chorus praising
Fill the heavens with sweet accord
HOLY, HOLY, HOLY LORD!**

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